



# Palliative Care Academy

## EDUCATION PROSPECTUS 2019

Hospice Influenced Care

For You & With You

## PALLIATIVE CARE ACADEMY

The Academy is where we bring together our goal of 'Share, Learn & Educate'. We will deliver a broad range of training programmes, sharing our expertise in palliative and end of life care internally with our own staff, and also with all of the people who deliver care to the people of the Isle of Man.

Courses and events will be scheduled for all of our partners including professionals, families and carers and our community partners.

## HOSPICE INFLUENCED CARE

If we are to achieve our goal of 'Reaching more people, earlier with easier access' we realise that we need to deliver care and support to individuals and their families with a growing range of partners. To facilitate this we will develop a range of training and support tools to build the knowledge, skills and confidence for professionals, patients, families and carers and volunteers.

All of the training we provide will be founded on our culture of 'what matters to me':



To register for our courses please complete the application form (at the back) and email it to [education@hospice.org.im](mailto:education@hospice.org.im)

We can also offer bespoke training for you and your organisation, delivered either at the Hospice or at your place of work. If you would like further information or would like to discuss any bespoke training needs, please contact:  
Practice Development Lead on 01624 647451/647440

We look forward to welcoming you to the Palliative Care Academy

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## Course Calendar 2019

Date	Topic	Time
<b>FEBRUARY 2019</b>		
11 <sup>th</sup>	Syringe Pump Training	14.00 – 16.30
14 <sup>th</sup>	Communication: Foundation	09.30 – 13.00
25 <sup>th</sup>	Symptom Management: Anxiety and Depression	14.00 – 17.00
27 <sup>th</sup>	Symptom Management: PAIN	13.30 – 17.00
<b>MARCH 2019</b>		
5 <sup>th</sup>	Palliative Care Emergencies	14.00 – 17.00
7 <sup>th</sup>	Symptom Management: Nausea, Vomiting, Bowel Obstruction	13.30 – 17.00
8 <sup>th</sup>	Breaking Bad News	14.00 – 16.00
13 <sup>th</sup>	Communication Intermediate day 1	09.30 – 16.00
18 <sup>th</sup>	Symptom management Dyspnoea	13.30 – 17.00
20 <sup>th</sup>	Communication: Intermediate day 2	09.30 – 16.00
<b>APRIL 2019</b>		
4 <sup>th</sup>	Advance Care Planning	14.00 – 16.30
24 <sup>th</sup>	Symptom Management: Delirium and Agitation	14.00 – 16.30
26 <sup>th</sup>	Ethical Issues in Palliative Care	09.30 – 16.30
29 <sup>th</sup>	Opening the Spiritual Gate	09.30 – 16.30
<b>MAY 2019</b>		
2 <sup>nd</sup>	Communication: Advanced Day 1	09.30 – 16.30
3 <sup>rd</sup>	Communication: Advanced Day 2	09.30 – 16.30
15 <sup>th</sup>	Symptom Management: Nausea, Vomiting, Bowel Obstruction	14.00 – 17.00
20 <sup>th</sup>	Symptom Management: Anxiety and Depression	14.00 – 16.30
<b>JUNE 2019</b>		
12 <sup>th</sup>	Syringe Pump Training	14.00 – 16.30
17 <sup>th</sup>	Communication: Foundation	09.30 – 13.00
25 <sup>th</sup>	Care in the last few days of life session 1 (HCA & RN)	14.00 – 17.00
<b>JULY 2019</b>		
2 <sup>nd</sup>	Care in the last few days of life session 2 (HCA & RN)	14.00 – 17.00
9 <sup>th</sup>	Care in the last few days of life session 3 (HCA & RN)	14.00 – 17.00
16 <sup>th</sup>	Care in the last few days of life session 4 (RN)	14.00 – 17.00
24 <sup>th</sup>	Symptom Management: PAIN	14.00 – 17.00
<b>AUGUST 2019</b>		
7 <sup>th</sup>	Symptom Management: Delirium and Agitation	14.00 – 17.00

15th	Symptom Management: Anxiety and Depression	14.00 – 17.00
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<b>SEPTEMBER 2019</b>		
10 <sup>th</sup>	Syringe Pump Training	14.00 – 16.30
13th	Care in the last few days of life session 5 (HCA & RN)	09.30 – 16.30
18 <sup>th</sup>	Communication: Intermediate	09.30 – 16.30
23rd	Loss and Bereavement	14.00 – 16.30
25 <sup>th</sup>	Breaking Bad News	14.00 – 16.00
<b>OCTOBER 2019</b>		
10 <sup>th</sup> and 11 <sup>th</sup>	Communication: Advanced	09.30 – 16.30
17 <sup>th</sup>	Symptom Management: Dyspnoea	14.00 – 17.00
23 <sup>rd</sup>	Symptom Management: Nausea, Vomiting, Bowel Obstruction	14.00 – 17.00
24 <sup>th</sup>	Ethical Issues in Palliative Care	09.30 – 16.30
<b>NOVEMBER 2019</b>		
6th	Advance Care Planning	14.00 – 17.00
8 <sup>th</sup>	Syringe Pump Training	14.00 – 16.30
13 <sup>th</sup>	Palliative Care Emergencies	14.00 – 17.00
18th	Opening the Spiritual Gate	09.30 – 16.30
25th	Communication: Foundation	09.30 – 12.30
28 <sup>th</sup>	Symptom Management: Delirium and Agitation	14.00 – 16.30
<b>DECEMBER 2019</b>		
4 <sup>th</sup>	Symptom Management: PAIN	14.00 – 17.00



Seminar room  
Hospice Isle of Man

## Terms and Conditions

Confirmation of your place on the course will be sent on receipt of a completed application form

If you need to cancel your place on a course please we would ask that you inform us as early as possible as places are often limited and we could free up a place for someone else to attend.

We will contact you 2 weeks prior to the commencement of the course to check you are still available to attend.

## Venues

Venues are as stated on the course information pages but may be subject to change. We will be in touch as early as possible to advise of any changes.

## Catering

Refreshments will be provided upon arrival and during breaks.

Lunch can be ordered on the morning of the full day courses for a small cost and paid at the coffee shop.

## Certificates

Electronic certificates will be provided upon completion of each course by email.

## Further Information

Please contact Practice Development Lead on 647451 for more information and look out for posters on your notice boards or on the hospice website [www.hospice.org.im](http://www.hospice.org.im) advertising the sessions.

## **Venue:**

Hospice Isle of Man  
Strang  
Braddan  
Isle of Man  
IM4 4RP

We are located next to Noble's hospital.

## **Parking**

Limited parking is available on our site. Please park next to the Scholl Centre which is on the **left**-hand side as you enter the grounds.

We will make every effort to meet the needs of disabled delegates, presenters and facilitators.

## **Disclaimer**

While every effort will be made to ensure the named trainers will deliver their course, circumstances may require the use of a substitute.

For further information regarding any of our courses, please get in touch.

## COMMUNICATION: FOUNDATION LEVEL

### Who is this course designed for

 Clinical/ Professional		 Non-Clinical		 Volunteers		 Carers	 Community
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<b>About the course</b>	A practical course to develop participants' communication skills to help them deal with other people sensitively
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	level	element	competency
<b>Palliative &amp; End of Life Care Framework</b>	 Informed/Developing	Communication Skills	Verbal Communication Active Listening

<b>What will I learn (course objectives)</b>	<p><b>At the end of the course I will be able to:</b></p> <ul style="list-style-type: none"> <li>• Define effective communication</li> <li>• Communicate sensitively with colleagues, patients and their families</li> <li>• Demonstrate active listening skills</li> </ul>
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<b>Presenter</b>	Communication Skills Facilitators
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<b>How long does it take</b>	3.5 hours
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<b>Dates</b>	14 <sup>th</sup> February 2019    09.30 – 13.00 17 <sup>th</sup> June 2019        09.30 – 13.00 25 <sup>th</sup> November 2019    09.30 – 13.00
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<b>Venue</b>	Seminar room, Hospice Isle of Man
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<b>Refreshments</b>	Tea and coffee
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<b>Number of places available</b>	15 per session
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<b>Additional information</b>	
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## COMMUNICATION: INTERMEDIATE LEVEL

### Who is this course designed for

Clinical/ Professional		Non- Clinical	Volunteers	Carers	Community

<b>About the course</b>	A practical course to develop participants’ communication skills to help them deal with other people sensitively using role play to consolidate skills
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<b>Palliative &amp; End of Life Care Framework</b>	<b>level</b>	<b>element</b>	<b>competency</b>
	 Developing/Experienced	Communication Skills	Verbal Communication Active Listening Role play

<b>What will I learn (course objectives)</b>	<p><b>At the end of the course I will be able to:</b></p> <ul style="list-style-type: none"> <li>• Discuss blocks to good communication</li> <li>• Describe the interpersonal skills that are essential for health care professionals</li> <li>• Follow best practice when imparting Bad News</li> <li>• Understand models of communication</li> <li>• Discuss useful strategies when dealing with emotions, difficult situations</li> <li>• Use role play to explore collusion denial, breaking bad news and angry behaviour</li> <li>• Understand the importance of health and wellbeing</li> <li>• Be able to communicate sensitively with individuals and those important to them on a range of complex matters relating to end of life care, in a non-judgemental, empathetic, genuine, collaborative and supportive manner that is appropriate to them and the situation</li> </ul>
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<b>Presenter</b>	Communication Skills Facilitators
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<b>How long does it take</b>	6.5 hours
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<b>Dates</b>	Day 1 13 <sup>th</sup> March 09.30 – 16.00 Day 2 20 <sup>th</sup> March 09.30 – 16.00  Day 1 18 <sup>th</sup> September 09.30 – 16.00
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<b>Venue</b>	Seminar room, Hospice Isle of Man
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<b>Refreshments</b>	Tea and coffee
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<b>Number of places available</b>	12
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<b>Additional information</b>	
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## COMMUNICATION SKILLS: ADVANCED LEVEL

### Who is this course designed for

Clinical/ Professional		Non-Clinical	Volunteers	Carers	Community

**About the course**  
 A role play based course to enable healthcare professionals who encounter complicated scenarios to practice advanced communication skills to support people with life limiting illness

	level	element	competency
<b>Palliative &amp; End of Life Care Framework</b>	 Experienced/Advanced	Principles of palliative & end of life care	Person-centred care
		Supporting individuals to deal with loss, grief & bereavement	<ul style="list-style-type: none"> <li>Communicating distressing information</li> <li>Supporting people with different communication needs</li> </ul>
		Care in the last days of life	<ul style="list-style-type: none"> <li>Care at the end of life</li> <li>Decision making by the individual</li> </ul>

**What will I learn (course objectives)**  
**At the end of the course I will be able to:**

- How to show empathy to encourage people to express their thoughts and feelings
- Increase my confidence to effectively communicate with an individual with life limiting illness
- Assess the individual’s response to information and check understanding and respond appropriately
- Communicate honestly and sensitively with the patient and their family
- Respond to conversations initiated by the individual or those important to them, about the choices they may need to make

**Presenter**  
 Communication skills facilitator

**How long does it take**  
 Two days

**Dates**  
 2 & 3 May, 2019                      9.30 – 4.30 each day  
 10 & 11 October, 2019              9.30 – 4.30 each day

**Venue**  
 Seminar Room, Hospice Isle of Man

**What’s included**  
 Tea and coffee is provided. Lunch is available to order

**Number of places**  
 8

**Additional information**  
 Attendees must be able to attend both scheduled sessions  
 You should have already attended Communication Skills: Intermediate  
 Pre-course workbook will be supplied  
 Attendees are asked to bring their own specific scenarios to discuss & role play  
 Course is appropriate for Band 5 and above

## CARE IN THE LAST FEW DAYS OF LIFE

### Who is this course designed for

 Clinical/ Professional		 Non-Clinical	 Volunteers	 Carers	 Community
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<b>About the course</b>	<b>A course for healthcare professionals to understand the principles involved in the care and management of individuals in the last few days of life</b>		
<b>Palliative &amp; End of Life Care Framework</b>	<b>level</b>	<b>elements</b>	<b>competency</b>
	 Developing/Experienced/Advanced	Care in the last days of life	The physical process of dying
			Care at the end of life
			Decision making
	Hospice policy and guidelines		
<b>What will I learn (course objectives)</b>	<b>At the end of the course I will be able to:</b>		
	<ul style="list-style-type: none"> <li>• Recognise when someone is in the last days of life</li> <li>• Manage common symptoms</li> <li>• Understand the importance of holistic care</li> <li>• Understand the interventions required to support people and their families</li> <li>• Understand the process of verification of an expected adult death</li> <li>• Understand the benefits of anticipatory medicines</li> </ul>		
<b>Presenter</b>	Nurse Consultants		
<b>How long does it take</b>	HCA = 3 modules and one whole day RN = 4 modules and one whole day		
<b>Dates</b>	Session 1 25 <sup>th</sup> June 13.00 – 17.00 Dr, RN, AHP, HCA Session 2 2 <sup>nd</sup> July 13.00 – 17.00 Dr, RN, AHP, HCA Session 3 9 <sup>th</sup> July 13.00 – 17.00 Dr, RN, AHP, HCA <b>Session 4 16<sup>th</sup> July 13.00 – 17.00 Dr, RN ONLY</b> Session 5 13 <sup>th</sup> September <b>09.30 – 16.30</b> Dr, RN, AHP, HCA		
<b>Venue</b>	Seminar room, Hospice Isle of Man		
<b>Refreshments</b>	Tea and coffee		
<b>Number of places available</b>	16		
<b>Additional information</b>	<b>YOU MUST BE ABLE TO ATTEND ALL OF THE SCHEDULED SESSIONS</b>		

## MCKINLEY T34 SYRINGE PUMP TRAINING/REFRESHER

### Who is this course designed for

 Clinical/ Professional	 ✓	 Non- Clinical	 Volunteers	 Carers	 Community
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### About the course

The McKinley T34 Syringe Pump to deliver medications over 24 hours to patients with palliative symptoms. This course is for all healthcare professionals that use the McKinley T34 pump

### Palliative & End of Life Care Framework



Experienced

level

element

Person Centred Care Planning

competency

Assessment

### What will I learn (course objectives)

**At the end of the course I will be able to:**

- State the indications and contra indications for the use of the McKinley T34 pump
- Set up and monitor the McKinley T34 pump
- Use the Saf t intima butterfly as the chosen method of subcutaneous administration
- Trouble shoot problems encountered using the McKinley T34 pump
- Understand the use of drugs – compatibilities, conversions and doses

### Presenter

Practice Development Lead and CNS team

### How long does it take

2.5 hours

### Dates

11 <sup>th</sup> February	14.00 – 16.30
12 <sup>th</sup> June	14.00 – 16.30
10 <sup>th</sup> September	14.00 – 16.30
8 <sup>th</sup> November	14.00 – 16.30

### Venue

Seminar Room, Hospice Isle of Man

### Refreshments

Tea and coffee

### Number of places available

16

### Additional information

## LOSS AND PRE-BEREAVEMENT CARE

### Who is this course designed for

 Clinical/ Professional		 Non-Clinical	 Volunteers	 Carers	 Community
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<b>About the course</b>	A session for healthcare professionals to explore what is loss and pre bereavement care in the individual with palliative care needs and their families
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<b>Palliative &amp; End of Life Care Framework</b>	<b>level</b>	<b>element</b>	<b>competency</b>
	 Developing/Experienced	Supporting individuals to deal with loss, grief & bereavement	Communicating distressing information
			Loss and grief
			Preparing for death
	Signpost and access Support pre and post bereavement		

<b>What will I learn (course objectives)</b>	<p><b>At the end of the course I will be able to:</b></p> <ul style="list-style-type: none"> <li>• Recognise that loss and bereavement can be both normal and complicated</li> <li>• Refer to appropriate support teams</li> <li>• Understand the theories and models related to loss, grief and bereavement.</li> <li>• Consider anticipatory grief and pre bereavement reactions</li> </ul>
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<b>Presenter</b>	Hospice Psychological Team
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<b>How long does it take</b>	2.5 hours
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<b>Dates</b>	23 <sup>rd</sup> September 14.00 – 16.30
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<b>Venue</b>	Seminar Room, Hospice Isle of Man
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<b>Refreshments</b>	Tea and coffee
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<b>Number of places available</b>	12
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<b>Additional information</b>	
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## BREAKING BAD NEWS

### Who is this course designed for

 Clinical/ Professional		 Non-Clinical		 Volunteers		 Carers		 Community	
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<b>About the course</b>	<b>A session for healthcare professionals to explore what ‘bad news’ could be and how to have sensitive and honest conversations with patients and those who matter to them</b>		
<b>Palliative &amp; End of Life Care Framework</b>	<b>level</b>	<b>element</b>	<b>competency</b>
	 Experienced/Advanced	Supporting individuals to deal with loss, grief & bereavement	Communicating distressing information
<b>What will I learn (course objectives)</b>	<p><b>At the end of the course I will be able to:</b></p> <ul style="list-style-type: none"> <li>• Discuss what we mean by “bad news”</li> <li>• Utilise a range of skills to improve communication, empathy, questioning skills, listening skills</li> <li>• Accurately assess and gauge information needs prior to delivering significant information</li> <li>• Handle patient cues and how they are relevant when delivering significant information</li> <li>• Tailor significant and complex information to individual needs</li> <li>• Handle patients’ emotions more effectively</li> </ul>		
<b>Presenter</b>	Practice Development Lead		
<b>How long does it take</b>	2 hours		
<b>Dates</b>	8 <sup>th</sup> March 14.00 – 16.00 25 <sup>th</sup> September 14.00 – 16.00		
<b>Venue</b>	Seminar Room, Hospice Isle of Man		
<b>Refreshments</b>	Tea and coffee		
<b>Number of places available</b>	16		
<b>Additional information</b>			

## ADVANCE CARE PLANNING

### Who is this course designed for

Clinical/ Professional		Non-Clinical	Volunteers	Carers	Community

<b>About the course</b>	A session for healthcare professionals exploring the benefits of Advance Care Planning using power-point presentation, group work, videos, and an information booklet
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	level	element	competency
<b>Palliative &amp; End of Life Care Framework</b>	 Developing/Experienced	Person Centred care Planning	Advance Care Plan

<b>What will I learn (course objectives)</b>	<p><b>At the end of the course I will be able to:</b></p> <ul style="list-style-type: none"> <li>Understand the importance of having the individual’s experiences, wishes and priorities included at all stages of assessment, planning and decision making, and be able to support individuals to express those wishes and beliefs</li> <li>Be able to encourage and support individuals to make decisions based on their own experience, utilising professional support and guidance</li> <li>Understand that the individual has a right to change their mind regarding the sort of care they want</li> <li>Understand the importance of choice, and the options available in, planning for end of life care and future care needs e.g. where care will take place, decisions to refuse some treatments, funeral planning, organ donation, mental capacity, lasting power of attorney</li> </ul>
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<b>Presenter</b>	Nurse Consultant
<b>How long does it take</b>	3 hours
<b>Dates</b>	4 <sup>th</sup> April 14.00 – 17.00 6 <sup>th</sup> November 14.00 – 17.00
<b>Venue</b>	Seminar Room, Hospice Isle of Man
<b>Refreshments</b>	Tea and coffee
<b>Number of places available</b>	16
<b>Additional information</b>	



## ETHICAL ISSUES IN PALLIATIVE CARE

### Who is this course designed for







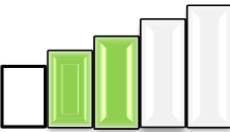
Clinical/ Professional		Non-Clinical		Volunteers		Carers		Community	

<b>About the course</b>	A session for healthcare professionals to explore what the Ethical Issues are for the individual with palliative care needs and the clinician alongside them		
<b>Palliative &amp; End of Life Care Framework</b>	<b>level</b>	<b>element</b>	<b>competency</b>
	<p>Developing/Experienced/Advanced</p>	Principles of Palliative & End of Life Care	Ethical and Legal Principles
<b>What will I learn (course objectives)</b>	<p><b>At the end of the course I will be able to:</b></p> <ul style="list-style-type: none"> <li>• Define what Ethics are</li> <li>• Apply the approaches to ethical dilemmas</li> <li>• Review ethical dilemmas and the decision making process</li> </ul>		
<b>Presenter</b>	Nurse Consultant		
<b>How long does it take</b>	6.5 hours		
<b>Dates</b>	26th April 09.30 – 16.30 24 <sup>th</sup> October 09.30 – 16.30		
<b>Venue</b>	Seminar Room, Hospice Isle of Man		
<b>Refreshments</b>	Tea and coffee, lunch available to order		
<b>Number of places available</b>	12		
<b>Additional information</b>			



## OPENING THE SPIRITUAL GATE

### Who is this course designed for

					
Clinical/ Professional		Non-Clinical	Volunteers	Carers	Community
<b>About the course</b>	A session for healthcare professionals to explore Spirituality in an individual with palliative care needs				
<b>Palliative &amp; End of Life Care Framework</b>	<b>level</b>	<b>element</b>	<b>competency</b>		
		Principles of Palliative & End of Life Care	Palliative and end of life care		
	Developing/Experienced		Person centred care		
		Person-Centred Care Planning	Diversity and culture		
			Holistic needs		
<b>What will I learn (course objectives)</b>	<p>At the end of the course I will be able to:</p> <ul style="list-style-type: none"> <li>• Understand all aspects of spirituality</li> <li>• Open a spiritual conversation, leading to undertaking a spiritual assessment</li> <li>• Document spiritual needs</li> <li>• Create a spiritual care plan</li> </ul>				
<b>Presenter</b>	Hospice Counsellor and Palliative Care Clinical Nurse Specialist				
<b>How long does it take</b>	6.5 hours				
<b>Dates</b>	29 <sup>th</sup> April 09.30 -16.30 18 <sup>th</sup> November 09.30 -16.30				
<b>Venue</b>	Seminar Room, Hospice Isle of Man				
<b>Refreshments</b>	Tea and coffee, lunch available to order				
<b>Number of places available</b>	16				
<b>Additional information</b>					

## SYMPTOM MANAGEMENT: DELIRIUM & AGITATION

### Who is this course designed for

Clinical/ Professional		Non- Clinical		Volunteers		Carers		Community

<b>About the course</b>	A session for healthcare professionals to explore what is Delirium and Agitation in the individual with palliative care needs
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<b>Palliative &amp; End of Life Care Framework</b>	<b>level</b>	<b>element</b>	<b>competency</b>
		SYMPTOM MANAGEMENT	
	Developing/Experienced	Person Centred Care Planning	Assessment

<b>What will I learn (course objectives)</b>	<p><b>At the end of the course I will be able to:</b></p> <ul style="list-style-type: none"> <li>Recognise the symptoms experienced and described by patients</li> <li>Use knowledge on the common medicines used for symptom management in palliative care</li> <li>Recommend the use of non-pharmacological interventions</li> </ul>
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<b>Presenter</b>	Lead by Nurse Consultant
<b>How long does it take</b>	3 hours
<b>Dates</b>	24 <sup>th</sup> April      13.30 – 16.30 28 <sup>th</sup> November   13.30 – 16.30
<b>Venue</b>	Seminar Room, Hospice Isle of Man
<b>Refreshments</b>	Tea and coffee
<b>Number of places available</b>	16
<b>Additional information</b>	

## SYMPTOM MANAGEMENT: DYSPNOEA

### Who is this course designed for

 Clinical/ Professional	 	 Non- Clinical	 Volunteers	 Carers	 Community
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<b>About the course</b>	A session for healthcare professionals to explore Dyspnoea in an individual with palliative care needs
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<b>Palliative &amp; End of Life Care Framework</b>	<b>level</b>	<b>element</b>	<b>competency</b>
	 Developing/Experienced	SYMPTOM MANAGEMENT	
		Person-Centred Care Planning	Assessment

<b>What will I learn (course objectives)</b>	<p><b>At the end of the course I will be able to:</b></p> <ul style="list-style-type: none"> <li>• Recognise the symptoms displayed and described by patients</li> <li>• Use knowledge on the common medicines used for symptom management in palliative care</li> <li>• Recommend the use of non-pharmacological interventions</li> </ul>
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<b>Presenter</b>	Lead by Senior Physiotherapist
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<b>How long does it take</b>	3.5 hours
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<b>Dates</b>	18 <sup>th</sup> march 13.30 – 17.00 17 <sup>th</sup> October 13.30 – 17.00
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<b>Venue</b>	Seminar Room, Hospice Isle of Man
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<b>Refreshments</b>	Tea and coffee
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<b>Number of places available</b>	16
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<b>Additional information</b>	
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## SYMPTOM MANAGEMENT: NAUSEA, VOMITING & BOWEL OBSTRUCTION

### Who is this course designed for



Clinical/  
Professional



Non-  
Clinical



Volunteers



Carers



Community

### About the course

A session for healthcare professionals to explore nausea, vomiting and bowel obstruction in the individual with palliative care needs

### Palliative & End of Life Care Framework

level	element	competency
<p>Developing/Experienced</p>	Symptom Management	
	Person-Centred Care Planning	Assessment

### What will I learn (course objectives)

At the end of the course I will be able to:

- Recognise the symptoms displayed and described by patients
- Use knowledge on the common medicines used for symptom management in palliative care
- Recommend the use of non-pharmacological interventions

### Presenter

Lead by Palliative Care Clinical Nurse Specialist

### How long does it take

3.5 hours

### Dates

7<sup>th</sup> March 13.30 -17.00  
23<sup>rd</sup> October 13.30 -17.00

### Venue

Seminar Room, Hospice Isle of Man

### Refreshments

Tea and coffee

### Number of places available

16

### Additional information

## SYMPTOM MANAGEMENT: ANXIETY AND DEPRESSION

### Who is this course designed for

Clinical/ Professional		Non- Clinical		Volunteers		Carers		Community







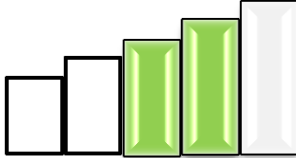
<b>About the course</b>	A session for clinicians to explore what is anxiety and depression in relation to the individual with palliative care needs
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<b>Palliative &amp; End of Life Care Framework</b>	<b>level</b>	<b>element</b>	<b>competency</b>
		SYMPTOM MANAGEMENT	
	Developing/Experienced	Person-Centred Care Planning	Assessment

<b>What will I learn (course objectives)</b>	<p><b>At the end of the course I will be able to:</b></p> <ul style="list-style-type: none"> <li>Recognise the symptoms experienced and described by patients</li> <li>Use knowledge on the common medicines used for symptom management in palliative care</li> <li>Recommend the use of non-pharmacological interventions</li> </ul>
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<b>Presenter</b>	Lead by Clinical Psychology Team
<b>How long does it take</b>	3 hours
<b>Dates</b>	20 <sup>th</sup> May 13.30 – 16.30 15 <sup>th</sup> August 13.30 – 16.30
<b>Venue</b>	Seminar Room, Hospice Isle of Man
<b>Refreshments</b>	Tea and coffee
<b>Number of places available</b>	16
<b>Additional information</b>	

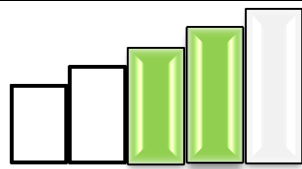
## SYMPTOM MANAGEMENT: PAIN

Who is this course designed for							
							
Clinical/ Professional		Non- Clinical		Volunteers		Carers	Community
<b>About the course</b>	A session for health care professionals to explore what is Pain for the individual with palliative care needs						
<b>Palliative &amp; End of Life Care Framework</b>	<b>level</b>		<b>element</b>		<b>competency</b>		
	 Experienced/advanced		Symptom management		Assessment		
<b>What will I learn (course objectives)</b>	<b>At the end of the course I will be able to:</b> <ul style="list-style-type: none"> <li>Recognise the symptoms displayed and described by patients</li> <li>Use knowledge on the common medicines used for symptom management in palliative care</li> <li>Recommend the use of non-pharmacological interventions</li> </ul>						
<b>Presenter</b>	Lead by Lead Clinician and Director of Quality						
<b>How long does it take</b>	3.5 hours						
<b>Dates</b>	27 <sup>th</sup> February    13.30 – 17.00 24 <sup>th</sup> July        13.30 – 17.00 4 <sup>th</sup> December    13.30 – 17.00						
<b>Venue</b>	Seminar Room, Hospice Isle of Man						
<b>Refreshments</b>	Tea and coffee						
<b>Number of places available</b>	16						
<b>Additional information</b>							

## PALLIATIVE CARE EMERGENCIES: MALIGNANT SPINAL CORD COMPRESSION, SUPERIOR VENA CAVA OBSTRUCTION, HAEMORRHAGE, HYPERCALCAEMIA

### Who is this course designed for

 Clinical/ Professional		 Non- Clinical	 Volunteers	 Carers	 Community
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<b>About the course</b>	This course is for health care professionals who will need to be aware of the palliative care emergencies of Malignant Spinal Cord Compression, Superior Vena Cava Obstruction, Haemorrhage, Hypercalcaemia,		
<b>Palliative &amp; End of Life Care Framework</b>	<b>level</b>	<b>element</b>	<b>competency</b>
	 Experienced/advanced	Symptom management	Assessment
<b>What will I learn (course objectives)</b>	<b>At the end of the course I will be able to:</b> <ul style="list-style-type: none"> <li>• Have a clear understanding of the overall management of the palliative care emergencies</li> <li>• Recognise the signs and symptoms of the palliative care emergencies</li> <li>• Recommend the pharmacological and non-pharmacological interventions for each palliative care emergencies</li> </ul>		
<b>Presenter</b>	Acute Oncology Nurse and Nurse Consultant		
<b>How long does it take</b>	3 hours		
<b>Dates</b>	5 <sup>th</sup> March      14.00 -17.00 13 <sup>th</sup> November 14.00 -17.00		
<b>Venue</b>	Seminar Room, Hospice Isle of Man		
<b>Refreshments</b>	Tea and coffee		
<b>Number of places available</b>	12		
<b>Additional information</b>			

BOOKING FORM			
Title of course or event			
Date(s)			
Venue			
Surname		First Name	
Job title			
Place of work			
Address			
Email			
Phone	Work	Mobile	
Special dietary requirements	(course details will indicate whether lunch or refreshments are provided)		
Special needs requirements			

Please complete form and return to:

**Palliative Care Academy**  
**Hospice Isle of Man**  
 Strang  
 Braddan  
 IM4 4RP

or email to: [education@hospice.org.im](mailto:education@hospice.org.im)

We will confirm your place on the event within 3 working days



## Work Experience (Schools and Colleges)

We offer placements to school/college students in both clinical and non-clinical settings.

Fourteen to sixteen year olds (Years 10 & 11) may only work in a non-clinical setting.

If you would like to find out more please contact:

Christine Chadwick Tel no. 01624 647445 or email [Christine.chadwick@hospice.org.im](mailto:Christine.chadwick@hospice.org.im)

For students aged sixteen years and over who are wishing to pursue a health related career, we are happy to offer placements in the clinical setting. We will negotiate these placements on an individual basis.

If you would like to find out more please contact:

Kirstie Turner, Practice Development Lead

Tel No. 01624 647451

Email: [kirstie.turner@hospice.org.im](mailto:kirstie.turner@hospice.org.im)

## Clinical Placements

Clinical Placements are tailored to your individual need and include induction, mentorship, and access to our Hospice Education Programme. You will also gain experience across the Multi-Disciplinary Team either through discussion, attending the MDT Meetings or role shadowing opportunities.

At the end of your placement we will complete reflections and an evaluation with you.

We are proud of the quality of care and services delivered throughout the Hospice and sharing what we do and how we do it, is an honour and privilege.