



Calendar 2023

Nov/Dec

Hospice IOM
1.30pm - 4pm

08/11	Visit from 'Manx Bird Life' with Anne Graham
15/11	Chair Based Exercise
22/11	'Laxey Mines Railway' Talk with Edith and Colvyn Quaggin
29/11	Simple Massage with Julie Wilcox
06/12	Christmas Card Making



Calendar 2023

Nov/Dec

Thie Rosien
1.30pm - 4pm

09/11

Visit from 'Manx Bird Life'
with Anne Graham

16/11

Chair Based Exercise

23/11

'Laxey Mines Railway' Talk with
Edith and Colvyn Quaggin

30/11

Simple Massage
with Julie Wilcox

07/12

Christmas Card Making