

Drop-in Clinic for Lymphoedema Patients



Information provided by:

Hospice
ISLE OF MAN
care for our community

Drop-in Clinic for Lymphoedema Patients

This leaflet contains guidelines for Lymphoedema patients who are still attending the clinic or have been discharged from the Lymphoedema service.

Your Lymphoedema Nurse is aware that at times you may need advice regarding your Lymphoedema.

There will be a **Lymphoedema drop-in clinic** operating on a **Monday afternoon** from **2pm to 3pm** at **Scholl Wellbeing Centre, Hospice Isle of Man** for patients who need advice.

Below are some guidelines to help you decide if you need to attend the Lymphoedema drop in clinic. Please attend the clinic if:

- You need advice from a Lymphoedema Nurse
- Your garments are too tight or too loose or do not appear to be controlling your swelling
- You have recently had an infection

An infection in your limb usually presents by feeling warm or hot to the touch, is pink or red, and is painful. If you have an injury which looks infected, you may also feel unwell.

One or more of these means you could have an infection. You should consult a doctor at the earliest opportunity if you are concerned that you have an infection or your swelling is getting worse.

For further advice or information regarding the drop-in clinic please contact the hospice lymphoedema team on 01624 647456/07624 319332.

Further information and support:

Lymphoedema Service

Hospice Isle of Man

Strang, Douglas, IM4 4RP

Telephone: 01624 647456

Mobile: 07624 319332

Website: www.hospice.org.im

Lymphoedema Support Network

St. Luke's Crypt, Sydney Street, London, SW3 6NH

Telephone: 020 7351 4480

Website: www.lymphoedema.org/lsn

British Lymphology Society

9-11 Oldbury Road, Cheltenham, GL51 0HH

Telephone: 01452 613391

Website: www.thebls.com

Macmillan Cancer Information Centre

Noble's Hospital, Strang, Douglas, IM4 4RJ

Telephone: 01624 650735

Website: www.cancer.org.im

