

Advance Care Plan



Personal preferences
and choices for care



Hospice
ISLE OF MAN

Name

Next of Kin

(Significant other)

Phone No.

Thinking and planning ahead

If you had an illness or accident and were unable to communicate, would you want those looking after you to know your wishes for your future care?

Sharing these decisions can bring you closer to the people you love and give your healthcare team important information about your wishes in order to help shape your care in the future.



**This booklet belongs to you
- it is about you and for you.**



**You can show it to anyone,
such as family and those
involved in your care.**

It is important to remember that you can add to this booklet as often as you like and change your decisions at any time in light of altered circumstances.

Writing in this booklet does not make it a legal document but it will tell people what your wishes are.

Your details

Name	
Address	
Date of Birth	
NHS No.	
GP	

Do you give permission for information from this document to be shared with people involved in your care?

Yes

No

Your personal preferences and choices

Who is your emergency contact?

Name	
Address	
Tel No.	

Who do you wish to be contacted in the event you are unable to make decisions?

Name	
Address	
Tel No.	

Have you made a will?

Have you made a will?

Yes No

If yes, where is it held?

It is important to make a will, please ask if you are unsure how to make one.

Does anyone have Enduring Power of Attorney (Property and Affairs) for you?

Yes No

If yes, please add their full contact details

Name	
Address	
Tel No.	

If you would like to discuss this matter further please ask a member of your Health Care Team.

Advance Decision

If you would you like to discuss and record any 'advance decisions' about treatment that you might refuse (e.g. blood transfusions, surgery, particular medications or Cardio Pulmonary Resuscitation)then please speak to a member of your health care team.

If you already have an advance decision, who has a copy?

Name	
Address	
Tel No.	

Cardio Pulmonary Resuscitation (CPR)

CPR is an emergency treatment which tries to restart a person's heart or breathing when these have stopped suddenly. Sometimes the media present CPR as being very successful. In fact when people have very serious illness only 1 in 100 who receive CPR will recover enough to leave hospital.

The ultimate responsibility for making decisions about CPR rests with the consultant (in hospital) or your GP (at home or care home). Sometimes a senior or specialist nurse can also make the decisions. If CPR is not appropriate this will not prevent you from receiving other treatments for your comfort and dignity. These would still be offered to you as appropriate.

Talking about resuscitation can be very stressful and upsetting. You do not have to discuss it if you do not wish to but your views can be helpful.

Would you like to talk to someone who could give you more information about CPR?

Yes No

If Yes, who?

GP A senior or specialist nurse Another professional

If you have decided that you do not wish to be resuscitated please tell your health care team, especially your GP.

DO NOT wish to be resuscitated

Organ Donation

Organ/tissue transplantation on the Isle of Man differs to that in the UK.

After someone dies, a health professional carefully considers the persons' medical history. They then make a decision about whether or not some or all of the person's organs or tissue are suitable for transplant. Because the decision is made after a person has died, unfortunately this means that you won't know whether you can be a donor or not.

Some important facts to consider:

- Organ donors need to have intubation and ventilation as part of their treatment to qualify.
- Anyone with a malignancy (cancer) is excluded from organ donation except primary brain tumours.
- All blood borne tumours are excluded from tissue donation.
- Anyone who has received chemotherapy in the last six months is excluded from tissue donation.

Talking about this can be very stressful and upsetting. You do not have to discuss it if you do not wish.

If it were possible, would you consider organ donation?

Yes

No

If you would like to discuss this matter further please ask a member of your Health Care Team.

Review

You can review your preferences and change your mind at any time. Please update and record and date it below.

Review from page(s):	Date:

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Some terms explained

Advance statement This is a statement of wishes, preferences, values and beliefs. It is useful when taking into account 'best interest' decisions on behalf of someone who lacks capacity, but is not legally binding.

Advance decision This is a decision to refuse treatment. If it relates to life sustaining treatment, it must be put in writing, signed and witnessed. It should clearly acknowledge that the result of the treatment refusal may be to shorten the person's life. In the Isle of Man the advance decision is not legally binding. As such a decision would be legally binding in the UK and other European countries, it should be considered to have a significant importance. This is previously known as a living will.

Best Interest This is when a decision needs to be made for a person who has been assessed to lack capacity. It takes into account as many factors as are known about an individual and their preferences and wishes. It can include advance statements, opinions and views of family, friends, carers and other professionals who know the person, all of which are considered in the light of the current circumstances when planning a person's care.

Enduring Power of Attorney (EPA)

Property and Affairs This allows you (if you are over 18) to choose someone to make decisions about how to spend your money and manage your property and affairs. Please note that the Isle of Man EPA legislation differs to that of the UK and does not presently apply to health care decisions. Such decisions can only be taken on the person's behalf when they lack capacity to make the decisions themselves. To be legally binding it must be registered at the Isle of Man courts of justice. An enduring power of attorney is a legal document.
<http://www.courts.im/>



Please keep this plan with you, and ensure it is accessible to those who need to refer to it.

Please also inform your G.P. and/or other professional involved in your care that you have an advance care plan.

Alternatively it can be downloaded from the Hospice Isle of Man website.

hospice.org.im

ACP CARD **Advance Care Plan**

Name

Next of Kin
(Significant other)

Phone No.



Hospice Isle of Man
The Strang
Douglas
IM4 4RP
Email: admin@hospice.org.im