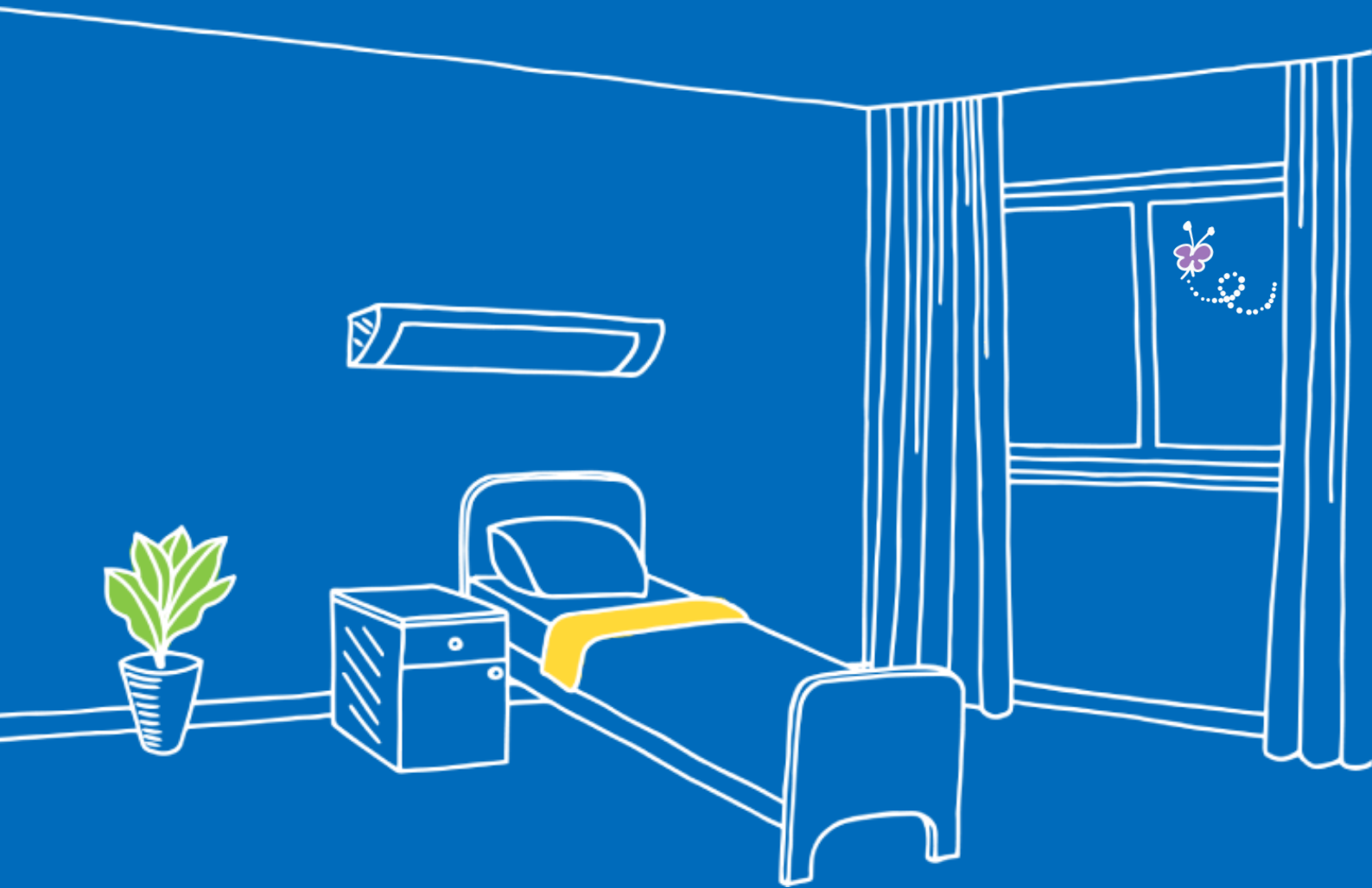


The Santon Suite

A self-contained
facility within the
in-patient unit



What is the Santon Suite?

Moving back home after a stay in Hospice can be a concerning time for some patients and their families. There may be several reasons for this:

- 24 hour care is available at Hospice, but not at home. This can be a difficult step to cope with on discharge from Hospice.
- Families/carers may feel anxious about delivering both personal and general care, and dealing with medication.
- Patients, families and carers may lack confidence in using new equipment to assist with moving and handling and activities of daily living.
- Patients, families and carers may worry about coping in the home environment after a stay in Hospice.

The Santon Suite is a safe but separate facility within the inpatient unit. It offers an independent living environment and consists of a bedroom, ensuite shower room, lounge/dining area and small kitchen. Patients can spend a short time in The Santon Suite at the end of their inpatient stay to help them prepare more fully for discharge home. Families and carers are also encouraged to spend time in the suite as part of the discharge process.

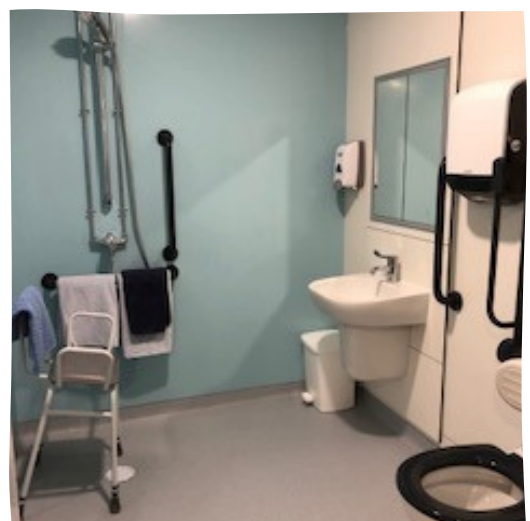


24 hour care is reduced to mirror the community care that you will receive on discharge. An example of this would be receiving one hour of care in the morning and one in the evening to replicate a care package planned for your discharge. However, Hospice staff will be available at all times whilst you are in the suite, but they will expect you to try to be as independent as possible. You will also have the chance to practice using any new equipment during this time. This will all help you and your family/carers to make the adjustments needed to being in your home environment, and will increase your confidence in managing at home.

Prior to your stay in The Santon Suite, we will help you to identify your goals and work with you as you aim to achieve them. It may be that your goals need to be adjusted during your stay.

During your stay in The Santon Suite you and your family/carers may come across some problems or difficulties. These can be discussed and any necessary changes to the discharge process can be made, such as an increase in the care required at home or the provision of new equipment.

You will continue to be monitored by the medical and nursing teams whilst you are staying in The Santon Suite. Any therapies or treatments that you are receiving to help you to reach your goals will also continue during your stay.



Preparing for a stay in The Santon Suite

1

Start to think about your goals and what you would like to achieve from your stay in the suite.

2

Have a chat with your family, carers, and staff about the level of care that you think you will need at home and how this might be managed.

3

Start to consider any other help or equipment that you think you may need at home. This can be discussed further with the hospice team.



More information

For more information about The Santon Suite please contact the Hospice Isle of Man Rehabilitation Team on:

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hospice.org.im