

Hospice Isle of Man

# Drop-in Clinic for Lymphoedema Patients



**Information for**  
Lymphoedema Patients



**Hospice**  
ISLE OF MAN  
*care for our community*

# Drop-in Clinic for Lymphoedema Patients

This leaflet contains guidelines for Lymphoedema patients who are still attending the clinic or have been discharged from the Lymphoedema service.

Your Lymphoedema Nurse is aware that at times you may need advice regarding your Lymphoedema.

There will be a Lymphoedema drop-in clinic operating on a Wednesday afternoon from 2pm to 3pm at Tevir Centre, Hospice Isle of Man for patients who need advice.

Below are some guidelines to help you decide if you need to attend the Lymphoedema drop-in clinic.

Please attend the clinic if:

- You need advice from a Lymphoedema Nurse
- Your garments are too tight or too loose or do not appear to be controlling your swelling
- You have recently had an infection



An infection in your limb usually presents by feeling warm or hot to the touch, is pink or red, and is painful.

If you have an injury which looks infected, you may also feel unwell.

One or more of these means you could have an infection.

You should consult a doctor at the earliest opportunity if you are concerned that you have an infection or your swelling is getting worse.

**For further advice or information regarding the drop -in clinic please contact the Hospice Lymphoedema Team on 01624 647456.**

# Further Information and Support



Lymphoedema Service  
Hospice Isle of Man  
Strang, Douglas, IM4 4RP  
Telephone: 01624 647456  
Website: [www.hospice.org.im](http://www.hospice.org.im)



Lymphoedema Support Network  
St. Luke's Crypt, Sydney Street, London, SW3 6NH  
Telephone: 020 7351 4480  
Website: [www.lymphoedema.org/lqn](http://www.lymphoedema.org/lqn)



British Lymphology Society  
9-11 Oldbury Road, Cheltenham, GL51 0HH  
Telephone: 01452 613391  
Website: [www.thebls.com](http://www.thebls.com)



Macmillan Cancer Information Centre  
Noble's Hospital, Strang, Douglas, IM4 4RJ  
Telephone: 01624 650735  
Website: [www.cancer.org.im](http://www.cancer.org.im)





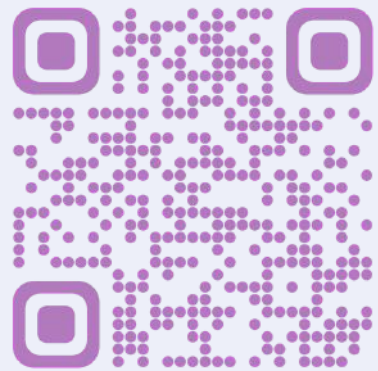
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Hospice Isle of Man is also known as Hospice Care and is a registered charity in the Isle of Man - Charity Number 317