

Lymphoedema Clinic

The lymphoedema clinic provides advice and treatment to people who have secondary lymphoedema, which develops following surgery or radiotherapy for cancer.

What is Lymphoedema?

Lymphoedema is a swelling caused by a build-up of lymph fluid in the tissues. This is usually due to damage to the lymphatic system or failure within the lymphatic channels and/or lymph glands. It most commonly affects the limbs but can affect any part of the body. Lymphoedema can occur weeks or months following surgery or radiotherapy but it can also manifest many years after treatment.

Can Lymphoedema be cured?

Lymphoedema cannot be cured but treatment can be given to control and reduce the swelling.

How can the lymphoedema clinic help patients?

The condition can be managed with education about lymphoedema, skin care, exercise programmes, self massage and the wearing of compression garments. More intensive treatment with manual lymphatic drainage and multi layer compression bandaging may be offered to some patients.

When and where is the service available?

The clinic operates Monday to Thursday from 9am to 5pm, except for bank holidays. Patients are mostly seen in the clinic at Hospice Isle of Man, but treatment may also be offered in hospital or the community.

Referral to the lymphoedema team:

Patients can be referred through their GP, Hospital Consultant or the Palliative Care Clinical Nurse Specialist team. If you are unsure about whether the lymphoedema team can help, please contact the clinic to discuss your needs.

To contact the Lymphoedema Team please call **01624 647456**.



How to contact Hospice Isle of Man and Rebecca House

By Post:

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Hospice Isle of Man is the operating name of the Isle of Man charity Hospice Care, registered number 317.

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