

# **Scholl Academic Centre - 1**

Dear valued supporter,

It is with a degree of pride that I, as Chair of the Steering Group, am writing the introduction to the 1st Scholl Academic Centre (SAC) e-newsletter. As you will see from the articles below, SAC has made significant progress since its launch in February 2019 and the publication of the <u>SAC Strategy</u>, early in 2020, which aims to support the <u>Hospice</u> <u>IOM Strategy</u> "Much More Than A Building".

It is well established that research active hospices use evidence to improve complex interventions and to understand the changing needs of the community they serve. SAC activities, covering **Education**, **Innovation and Research**, have already demonstrated this with the development and implementation of research evidence across the Island and further afield. Of note are the two research publications, our interactions with Memory Lane Games and six areas of leadership involvement at a premier international conference.

We hope that you find these e-newsletters informative and that you will be able to see how our academic work will continue to impact on the services and support that Hospice offers to patients, their families, carers, volunteers and the professionals involved in their care.

Best wishes, Ken Mills. We'd like to wish **Professor Sarah McGhee**, Director of Research Development at the Scholl Academic Centre a very happy retirement from her role!

Luckily for us, Sarah won't be going too far, as she will now be an Honorary Professor. Thank you for all of your hard work Sarah.



### **Education**

### Conferences

#### **20th International Conference on Integrated Care**

This year's ICIC20 Virtual Conference is taking place over the course of four days on 9, 16, 23 and 30th September and will offer 100 sessions with over 150 hours of content. The conference will be live and on demand. The Scholl Academic Centre will be participating and presenting work in three different sessions.



### **16th September**

Anne Mills will be presenting at the Workshop "<u>House of Care: Enabling</u> <u>integrated care through collaborative care and</u> <u>support planning in different context and</u> <u>cultures</u>". She will be sharing an example of how the Isle of Man has used the House of Care model in the development of the <u>Island Plan for Integrated Palliative and</u> <u>End of Life Care</u>.

### **16th September**

Wendy Smith will give a talk on "<u>A</u> compassionate communities programme to support volunteers to be carers at the end of life". Wendy will present on the training package that was co-designed with volunteers and how this training was invaluable in providing Hospice Isle of Man with the flexibility needed to adapt its services during the Covid-19 pandemic.



### **30th September**

Anne Mills will chair two sessions on Palliative and End of Life Care and Dr Giovanna Cruz will give two presentations at one of the sessions. She will present "<u>Needs assessment</u> for person-centred palliative and end of life care in the Isle of Man" focussing on findings pertaining to the needs of carers at end of life. The paper discusses unmet needs and proposed suggestions that emerged from the analysis of over 60 interviews with professionals who work with life-limiting illnesses and 12 patients/carers from the Isle of Man. The main themes identify that carers have needs in their role as co-workers, as individuals as well as gaps in services and support.

The second presentation "Feeling loss of control": The experiences of informal carers of people at the end of life" is based on a survey of carers of Hospice patients led by **Dr Hollie Quaye**, Clinical Psychologist. The survey was conducted to identify unmet need and to inform the development of Hospice services. A total of 44 carers returned the survey. One key finding from the survey was that the length of time that a person had been a carer made a difference in terms of their ability to take part in activities outside caring and the amount of physical and emotional support they needed. This suggests that support needs to be tailored to the stage of caring. Although 68% of carers sometimes felt "out of control" since their loved one's illness, 57% of carers described their role as "fulfilling". To view the full conference programme <u>click here</u>.

### Innovation



### **Our Digital Launch**

Here at the Scholl Academic Centre, we have some exciting news coming soon! Our new website is nearly ready to go live and be shared with our loyal supporters. Keep an eye out for our next newsletter for more information.

Our <u>Twitter account</u> is also fully up and running now and is updated consistently with our current research projects, our partners, and any other useful information we think our followers need to know. Head over there now and give us a follow!

#### **Memory Lane Games**

We are pleased to announce our Charity partnership with Memory Lane Games as they officially launch their app to support the socially isolated. Committed to supporting people to live well, their way to the end of their life, we are pleased to be able to offer our support and our Island's only Admiral Nurse in Dementia Support, **Jeanette Hogg**, with a Proof of Concept Study of the app, to determine outcomes for the improvements to the lives of dementia patients and their carers.

Congratulations Memory Lane Games on the launch of your life-changing app. To read more <u>click here</u>.



## Research

### **Publications & Presentations**

Presentation at the Island's Festival of Research 2020

On Friday 18th September 2020, Hospice's Research Assistant, **Lonan Challis**, will be delivering a presentation at the Island's Festival of Research. Organised by Research Vannin, a research hub at University College Isle of Man (UCM), this year's festival will focus on the theme of 'sustainability' and will be aimed towards UCM's new and returning undergraduate and postgraduate students. Lonan will be delivering a presentation based on the Research Team's latest publication; "Listening to action: Community involvement in strategy development". Lonan will be joined by other researchers and academics presenting on a wide range of issues and topics. To find out more, visit the <u>Festival of Research 2020 website</u>.

This month, we are delighted to share with you two new articles in professional journals from our Research Team.



**Listening to action: community involvement in strategy development** (published in the Journal of Integrated Care, 28<sup>th</sup> July 2020).

In 2018, the Research Team engaged with 899 people across the Island to understand what mattered to them. The team spoke to people at supermarkets, community organisations such as the Women's Institute and Rotary Club, church cafes and with young people at secondary schools and University College Man. Findings from the "Listening Events" contributed to the development of <u>Hospice's five-year strategy</u> and the <u>Island's Plan for Integrated Palliative and End of Life Care</u>. The team summarised the findings as follows:

- 1. **Effective Care** Hospice can best serve the community by continuing or ensuring to provide high quality and effective care.
- 2. **Person-Centred Care** Hospice should provide individualised care that is tailored around the unique needs and wishes of patients and their loved ones.
- 3. **Integrated Care** Hospice could promote coordinated and easily accessible care through joined-up working with other services and organisations.

To read the full article, please click here.

**Case study method to design and evaluate person-centred integrated palliative and end of life care** (published in the Journal of Integrated Care, 2<sup>nd</sup> July 2020).

How can we understand people's experience of care? This was the question that led to the development of a new method to put together a case study from the perspective of the carer of a person at the end of life. From a patient or carer's perspective, care comes from many sources. The case study method uses sources of data kept by a patient and carer during the last 18 months of life, including personal diaries and medical records combined with interviews with the carer. The case study used to develop the method helped in the design of the Isle of Man's strategy for integrated palliative and end of life care.

To read the full article, please click here

New publication: Needs assessment for integrated palliative and end-of-life care on the Isle of Man

In 2018, the Strategic Partnership Steering Group (SPSG) was set up with a membership including representatives of Hospice Isle of Man, the Department of Health and Social Care (DHSC) and other third sector organisations. The group commissioned a needs assessment on integrated palliative and end-of-life care on the Isle of Man. The final report was presented to the SPSG in February 2020. In the course of the research 1,210 people were consulted including 278 adult members of the public, 647 college students, 203 schoolchildren, 12 patients and carers and 70 professionals or volunteers providing palliative or end-of-life care. These individuals gave their views on what people want in terms of services for palliative and end-of-life care, what is working well and what is not working so well. This was supplemented with information on the services available and how many have access to them. Finally, the latest National Institute for Health and Care Excellence (NICE) guidelines on end-of-life care were used to identify areas requiring further work to ensure an appropriate level of care. Through work streams within the SPSG, the findings from the needs assessment have been incorporated into new ways of working in Hospice and partner organisations, and in community initiatives. The full report with appendices, as well as an executive summary, will be available via the Hospice website soon. To request a web link or a PDF copy, please send contact details and preference (PDF/link) to research@hospice.org.im.

#### More information on the Scholl Academic Centre



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