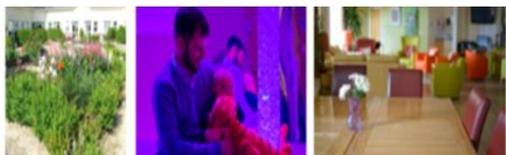




Evaluating Volunteer Wellbeing as Part of Compassionate Isle of Man

Wendy Smith
Lead Compassionate Isle
of Man



Isle of Man





New public health approaches in the Isle of Man



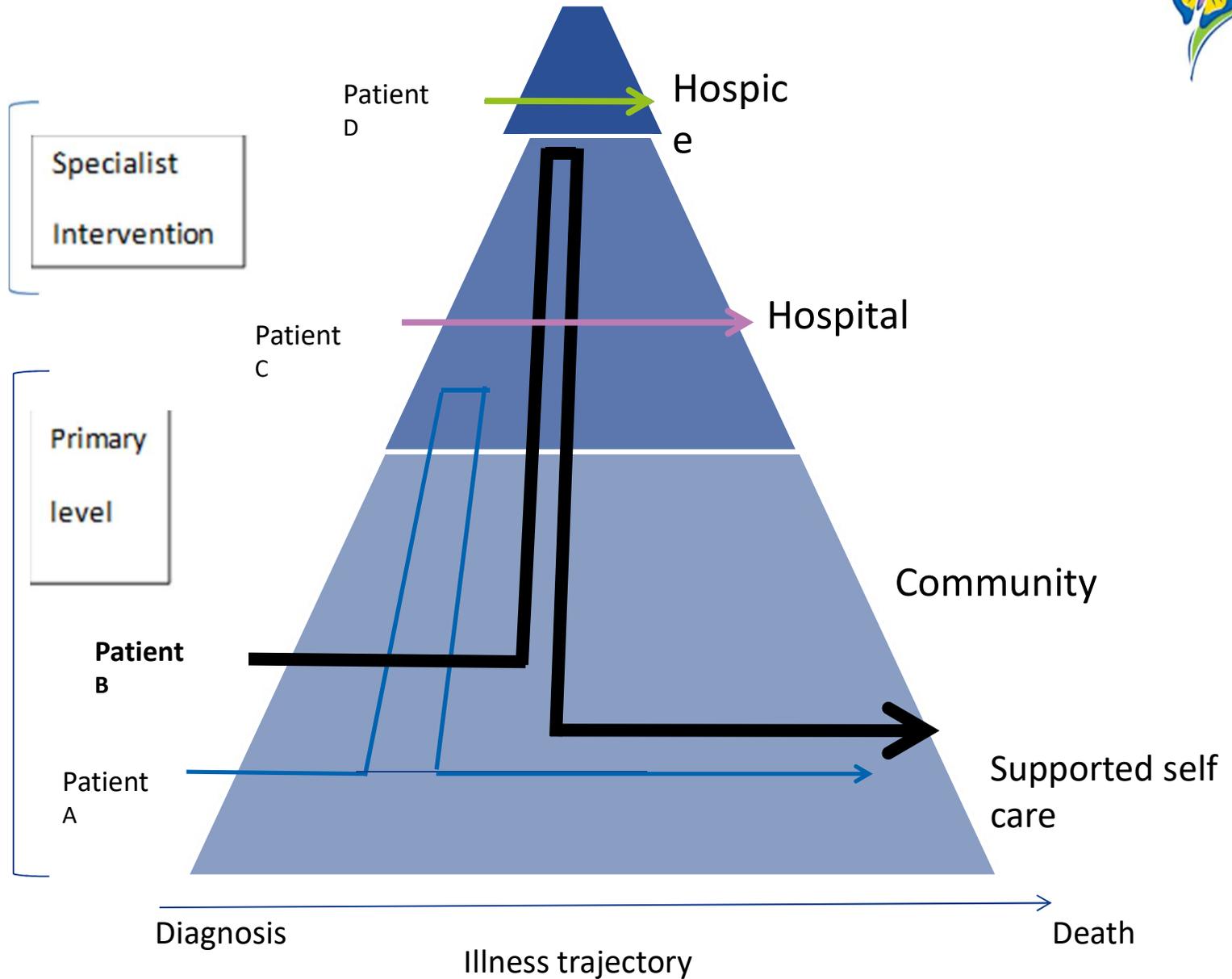
- Compassionate Isle of Man started August 2018
 - A Friend to the End(No One Dies Alone)
 - Back Home Boxes (Inverclyde)
 - Public Campaigns
 - Café Connect
 - Palliative Care Companions (community setting)



Accessing Services

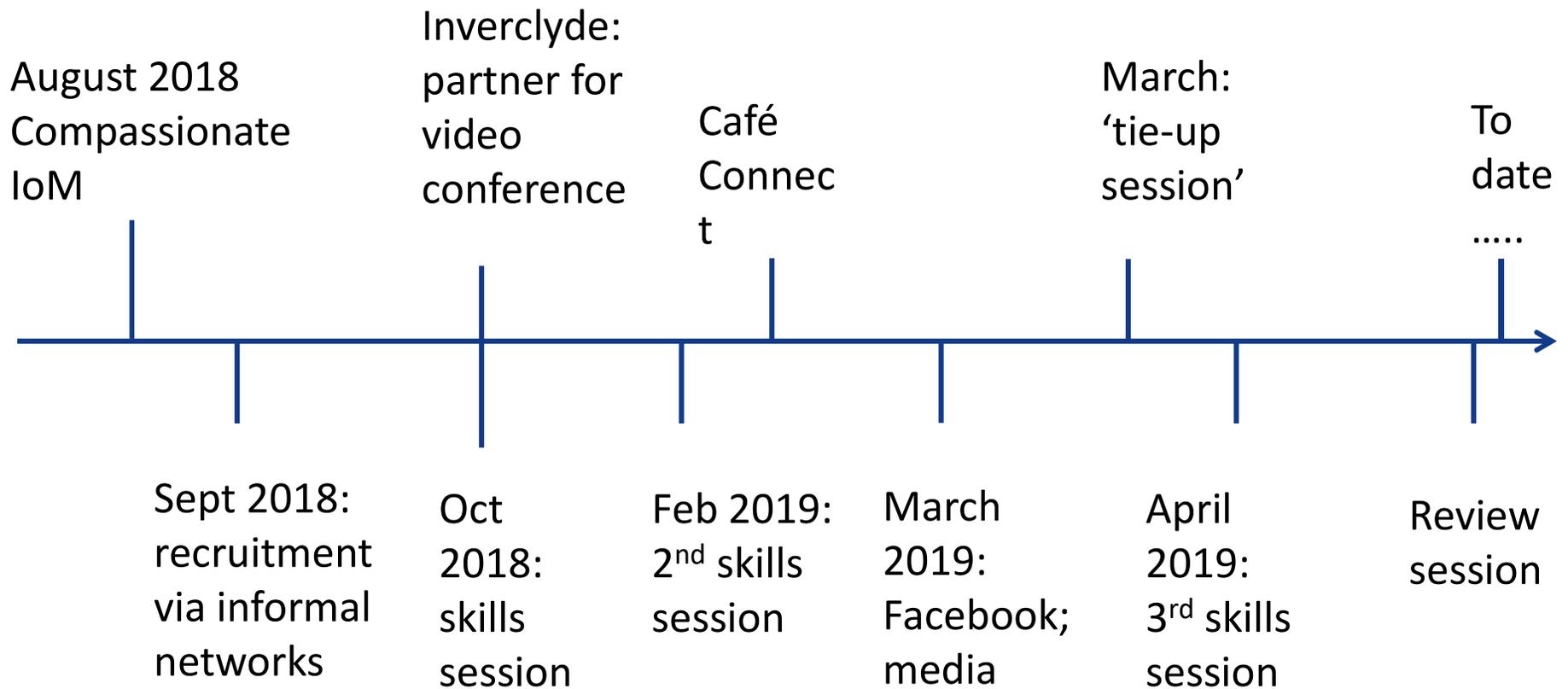


Increasing Complexity of Needs





Timeline





Previous Studies

- Compassionate Neighbours
- Compassionate Inverclyde

- Interesting findings
 - Shift in power
 - Wellbeing of volunteers





Aim of Study



- To understand the motivation for volunteering
- To evaluate the impact of Compassionate Isle of Man on volunteer wellbeing and perception of power





Methods

Questionnaires at intake, year 1 and year 2

- Intake questionnaire
- Validated questionnaires
 - Warwick- Edinburgh Mental Wellbeing Scale
 - Short form-6 dimensions (SF-6D)
- Visual analogue scale – shift in power
- Diaries/embedded researcher
- Interviews





Volunteer Intake Questionnaire



Volunteer ID: _____

Compassionate Isle of Man Intake Questionnaire for Volunteers

Age Gender M F

Please tell us about you and your background.

What are your reasons for joining this group?

What are your expectations?

What would you like to get out of it?

- Demographics
- Please tell us about your background
- What is your reason for joining the group?
- What are your expectations?
- What would you like to get out of it?





Visual Analogue Scale



Please write on the scale where you think Wendy is?



Driving the development

Take the role allocated

- Where do you think you are now?
- Where would you like to be?
- Where do you think I am?





Warwick – Edinburgh Mental Wellbeing Scale



- **I'VE BEEN.....**

feeling optimistic about the future

feeling useful

feeling relaxed

feeling interested in other people

I've had energy to spare

dealing with problems well

thinking clearly

feeling good about myself

feeling close to other people

feeling confident

able to make up my own mind about things

feeling loved

interested in new things

feeling cheerful





SF-6D



- Physical Functioning
- Role limitation
- Social Functioning
- Pain
- Mental Health
- Vitality

Produces a
quality of life
score





Progress



- 25 Volunteers
- 19 volunteers completed baseline by end of March – now 100%
- All evaluations complete by 2020
- Evaluation & results end of 2021





THANK YOU

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