

# Day Therapy Services at the Scholl Centre

## What are the benefits?

Patients are helped to remain at home as long as possible and by attending the Scholl Centre they are offered:

- Assessments carried out by medical and nursing staff.
- Advice from qualified therapists that enables patients to live life to the full within the limits set by illness.
  - Opportunity to experience new hobbies and interests, become more positive in outlook, and consequently improve quality of life.
  - Respite care giving relatives a few hours free time for themselves.
  - Opportunity for carers to get advice and support from the Hospice team.

## How does the Scholl Centre operate?

Patients are brought into the Scholl Centre by family, in a volunteer's car, the Hospice minibus or own transport for about 10.00am and return home at about 3.00pm.

The first few visits involve a holistic assessment by the Registered Nurses working in the Scholl Centre to agree the 3 month plan of care that meets patients' needs and expectations.

On arrival patients are welcomed by a member of staff or volunteer and join the others attending for a cup of tea or coffee. Patients can choose to spend time on creative activities under the guidance of our staff. Lunch is leisurely, tailored to patients' needs and their energy levels. The time after lunch is spent relaxing in the ambient environment, listening to guest speakers or alternatively visiting a local gallery or place of interest. Patients can spend time talking with others going through a similar experience or enjoy some of the complementary therapies on offer e.g. massage, hairdressing etc.



## Referral to the Scholl Centre

Patients can be referred to the Scholl Centre through their Palliative Care Clinical Nurse Specialist team or other members of the Hospice Multi-Disciplinary team.

## How to contact Hospice Isle of Man and Scholl Centre

<b>By Post:</b>	Hospice Isle of Man/Scholl Centre Strang Douglas Isle of Man IM4 4RP
<b>Telephone:</b>	01624 647400
<b>Email:</b>	<b>General Enquiries:</b> <a href="mailto:admin@hospice.org.im">admin@hospice.org.im</a> <b>Fundraising:</b> <a href="mailto:fundraising@hospice.org.im">fundraising@hospice.org.im</a>
<b>Website:</b>	<a href="http://www.hospice.org.im">www.hospice.org.im</a>

Hospice Isle of Man is the operating name of the Isle of Man charity Hospice Care, registered number 317.

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